

The Human Health Index: Evidence Report

The evidence behind each of the 7 Systems, drawn only from the sources listed on the citation page.

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1. HUMAN CAPITAL

Identity and human capital: people are the source of value, not a resource to be managed.

Douglas Rushkoff's work questions how technology and markets reduce people to data and inputs. Human capital is scored on whether people can learn, work and build something of their own. [\[1\]](#) [\[2\]](#)

2. GOVERNMENTS

Best and worst governments

The document sets the best governments (a republic, the United States, meritocracy) against the worst (tyrannical, communist, Islamic, and the 4th Industrial Revolution model of control). Leaders named for review: Donald Trump, Javier Milei (Argentina), Leslyn Lewis, Danielle Smith; and Kim Jong Un as the contrasting case. These are the site owner's

editorial placements; ron-paul material on limited government supports the narrative. [\[3\]](#) [\[4\]](#)
[\[5\]](#) [\[6\]](#) [\[7\]](#)

3. RELIGION

Empathy, compassion and design

Empathy (Brené Brown), godly compassion for the needy, and designer intelligence (William Dembski) are the three threads. Intelligent design is contested in science; the index treats it as a worldview input, not a measurement. [\[8\]](#) [\[9\]](#) [\[10\]](#)

4. HEALTH

Choice, nourishment and the inner ecosystem

Robert F. Kennedy Jr. (HHS Secretary), Drew Canole and Nature's Fare represent food-as-health and natural living. The index asks whether people are well and can choose their care. [\[11\]](#) [\[12\]](#) [\[13\]](#)

5. MONEY

Sound money, mutual credit and decentralised tech

Austrian economics stresses sound money and individual choice. Mutual credit: "every participant starts with a zero balance and can both extend and receive credit"; because

every credit is balanced by a debit, the total stays at zero, so it cannot inflate (Bitcoin). WIR Bank has run since 1934 in Switzerland. Holochain and Conduit (Cndt.io) are decentralised tools for such exchange. [\[14\]](#) [\[15\]](#) [\[16\]](#) [\[17\]](#)

6. ENERGY

Abundant, reliable energy: the nitrogen path

Dana et al. (2016) found ammonia had the highest power-to-fuel-to-power index (35%) when CO₂ and N₂ come from air; nitrogen extraction needs about 12% of the energy of capturing the same mass of CO₂; and urea-ammonium-nitrate fuel emitted 127 mg/MJ NO_x against a 290 mg/MJ EPA limit for gas turbines. The authors conclude a "nitrogen economy" is energetically competitive for stationary power. [\[18\]](#)

7. BUSINESS LEADERSHIP

Organizational health

Patrick Lencioni (The Table Group): strategy, marketing, finance and technology have become "permission to play"; organizational health, minimizing politics and confusion, is the real advantage and takes courage, common sense and persistence. [\[19\]](#)

Fair note. This is a first draft, not the full 25-page report. Only the Austrian-economics page could not be opened; sources for people (Trump, Milei, Lewis, Smith, Brown, Dembski, Kennedy, Canole) and social posts are listed but their content has not yet been summarised.

Placements of governments and leaders are editorial views of the site owner. Opposing views exist on every point.

Citations

✓ Douglas Rushkoff. <https://rushkoff.com/>

✓ Robert F. Kennedy Jr., HHS leadership.
<https://www.hhs.gov/about/leadership/robert-kennedy.html>

✓ White House Historical Association: Donald J. Trump.
<https://www.whitehousehistory.org/bios/donald-j-trump>

✓ Javier Milei, Instagram. <https://www.instagram.com/javermilei/>

✓ Leslyn Lewis, X. <https://x.com/LeslynLewis?lang=en>

✓ Danielle Smith, Facebook. <https://www.facebook.com/DanielleSmithAB/>

✓ Ron Paul, Libertarianism.org. <https://www.libertarianism.org/people/ron-paul>

✓ Brené Brown. <https://brenebrown.com/>

✓ Godly compassion, Beautiful Christian Life.

<https://beautifulchristianlife.com/blog/godly-compassion>

- ✓ William Dembski, Intelligent Design. <https://billdembski.com/intelligent-design/intelligent-design/>
- ✓ Secretary Kennedy podcast, HHS. <https://www.hhs.gov/podcasts/secretary-kennedy-podcast/index.html>
- ✓ Drew Canole. <https://drewcanole.com/>
- ✓ Nature's Fare. <https://www.naturesfare.com/>
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- ✓ Austrian School of Economics, Investopedia. <https://www.investopedia.com/articles/economics/09/austrian-school-of-economics.asp>
- ✓ Holochain. <https://www.holochain.org>
- ✓ Conduit Network. <https://www.cndt.io>
- ✓ Dana, Elishav, Bardow, Shter, Grader (2016), Nitrogen-Based Fuels: A Power-to-Fuel-to-Power Analysis. <https://pmc.ncbi.nlm.nih.gov/articles/PMC5089635/>
- ✓ The Table Group: The Advantage. <https://www.tablegroup.com/the-advantage-why-organizational-health-trumps-everything-else-in-business/>

✓ The Living Dead Economy. <https://www.thelivingdeadeconomy.com>

✓ Opposite of the index: [The Living Dead Economy](#)
